

Week two SUMMER				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meat Main: Sweet Chilli chicken (Plain Chicken available)</p> <p>Vegetarian Main: Sweet Chilli Halloumi</p> <p>Served with: Savory Rice & plain Rice Stir fry Vegetables. Green Beans</p> <p>Alternative to main: Jacket Potato (V/VE/DF) Cheese (Ve available)</p> <p>Salad Bar – Assorted Salads (v)</p> <p>Side: Wholemeal bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit pots, Jelly and Yoghurts (V/GF)</p> <p>Mid-morning snack</p> <p>Mini Malt loaf (GF/DF/V available)</p>	<p>Meat Main: Warmed Panini (Check board for daily fillings)</p> <p>Vegetarian Main: Mac n Cheese (V/GF/DF available)</p> <p>Served with: Seasoned Potato Wedges. (ve) Sweetcorn Nibbles (v) Roasted Cauliflower</p> <p>Alternative to main: Jacket Potato(V/VE/DF) Cheese (Ve available)</p> <p>Salad Bar – Assorted Salads (v)</p> <p>Side: Wholemeal bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit pots, Jelly and Yoghurts (V/GF)</p> <p>Mid-morning snack</p> <p>Sliced bagel with cream cheese. (GF/DF/V available)</p>	<p>Meat Main: Homemade Beef Burgers served in a burger bun. (GF free Available)</p> <p>Vegetarian Main: Vegetable Burgers (V/VE available)</p> <p>Served with: Hand cut skin on chips. (v) Roasted Med Style Veg (V/VE) Peas (V/VE)</p> <p>Alternative to main: Jacket Potato (V/VE/DF) Cheese (Ve available)</p> <p>Salad Bar – Assorted Salads (v)</p> <p>Side: Wholemeal bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit pts, Jelly and yoghurts (V/GF).</p> <p>Mid-morning snack</p> <p>Cheese swirls (GF/DF available)</p>	<p>Meat Main: Lamb Koftas</p> <p>Vegetarian Main: Vegetable tagine (V/VE available)</p> <p>Served with: Cous Cous Honey Carrots (V/VE) Broccoli (V/VE)</p> <p>Alternative to main: Jacket Potato (V/VE/DF) Cheese (Ve available)</p> <p>Salad Bar - Assorted Salads (v)</p> <p>Side: Wholemeal bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit pots, Jelly and Yoghurts (V/GF)</p> <p>Mid-morning snack</p> <p>Anzac cookie GF/DF cookies available)</p>	<p>Main: Fish Fingers (DF)</p> <p>Vegetarian Main: Vegetable goujons (V/VE)</p> <p>Served with: Home- made wedges (Ve) Peas (v) Sweetcorn (v) Beans (ve)</p> <p>Alternative to main: Jacket Potato (V/VE/DF) Cheese (Ve available)</p> <p>Salad Bar - Assorted Salads (V)</p> <p>Side: Wholemeal bread roll Gluten free wraps available (V/VE)</p> <p>Fresh fruit pots, Jelly and Yoghurts (V/GF)</p> <p>Mid-morning snack</p> <p>Banana cake (GF/DF available)</p>

Dairy and gluten free alternatives will be available daily

GF – Gluten Free V – Vegetarian Ve – Vegan