





Y7	SUMMER 2 Athletics Pupils will develop their existing running, jumping, and throwing skills as well as learning new skills. They will measure results and analyse own/other's performances.	SUMMER 1 Games based practice. Pupils will play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. -Kwik cricket, Rounders, Hockey.	SPRING 2 Outdoor Adventure Activities Pupils will learn about using maps and how to use them in orienteering. There will be a large focus on developing teamwork and communication skills.
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Y6	SPRING 2 Outdoor Adventure Activities Pupils will learn about using maps and how to use them in orienteering. There will be a large focus on developing teamwork and communication skills.	SUMMER 1 Games based practice. Pupils will play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. -Kwik cricket, Rounders, Hockey.	SUMMER 2 Athletics Pupils will develop their existing running, jumping, and throwing skills as well as learning new skills. They will measure results and analyse own/other's performances.	Y6	AUTUMN 1 Fundamentals/Invasion Games Pupils will learn a variety of invasion games to continue to develop core skills including attacking vs defending" and teamwork.	AUTUMN 2 Dance through the decades Dance Through the Decades unit covers the 1960s to the 2010s. Pupils will learn about using characteristics and elements of dance styles to develop their own dances with similar specific styles.	SPRING 1 Gymnastics – Movement Pupils will learn different vault and floor movements to choreograph their own routines. We will develop flexibility, strength, and control.
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Y5	SPRING 1 Gymnastics – Movement Pupils will learn different vault and floor movements to choreograph their own routines. We will develop flexibility, strength, and control.	AUTUMN 2 Dance through the decades Dance Through the Decades unit covers the 1960s to the 2010s. Pupils will learn about using characteristics and elements of dance styles to develop their own dances with similar specific styles.	AUTUMN 1 Fundamentals/Invasion Games Pupils will learn a variety of invasion games to continue to develop core skills including attacking vs defending" and teamwork.	Y5	SUMMER 2 Fundamentals Pupils will be practicing the core skills needed for P.E through Multiskills games and activities. Athletics Pupils will practice running, sprinting and relay race. Also, standing long jump, triple jump and javelin.	SUMMER 1 Games based practice. Pupils will play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. -Kwik cricket -Rounders -Hockey
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Y4	SUMMER 1 Games based practice. Pupils will play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. -Kwik cricket -Rounders -Hockey	SUMMER 2 Fundamentals Pupils will be practicing the core skills needed for P.E through Multiskills games and activities. Athletics Pupils will practice running, sprinting and relay race. Also, standing long jump, triple jump and javelin	Y4	AUTUMN 1 Fundamentals/Invasion Games Pupils will be practicing the core skills needed for P.E through Multi-skills games, Invasion games and activities.	AUTUMN 2 Dance Pupils will learn to dance in unison and in canon and will learn to use dynamics in their music to fit the mood and tempo of a piece of music.	SPRING 1 Gymnastics – Movement Pupils will learn different floor and vault movements. They will choreograph and perform their own routines as individuals and as part of a group.	SPRING 2 Outdoor Adventure Activities Pupils will learn about using maps and how to use them in orienteering.
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Y3	SPRING 2 Outdoor Adventure Activities Pupils will learn about using maps and how to use them in orienteering.	SPRING 1 Gymnastics – Movement Pupils will learn different floor and vault movements. They will choreograph and perform their own routines as individuals and as part of a group.	AUTUMN 2 Dance Pupils will learn to dance in unison and in canon and will learn to use dynamics in their music to fit the mood and tempo of a piece of music.	Y3	AUTUMN 1 Fundamentals/Invasion Games Pupils will be practicing the core skills needed for P.E through Multi-skills games, Invasion games and activities.	SUMMER 2 Fundamentals Pupils will be practicing the core skills needed for P.E through Multiskills games and activities. Athletics Pupils will practice running, sprinting and relay race. Also, standing long jump, triple jump and javelin.	SUMMER 1 Games based practice. Pupils will play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. -Kwik cricket -Rounders -Hockey
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Y2	AUTUMN 1 Fundamentals/Invasion Games Pupils will be practicing the core skills needed for P.E through Multi-skills games, Invasion games and activities.	AUTUMN 2 Dance Pupils will learn to dance in unison and in canon and will learn to use dynamics in their music to fit the mood and tempo of a piece of music.	SPRING 1 Gymnastics – Movement Pupils will learn different floor and vault movements. They will choreograph and perform their own routines as individuals and as part of a group.	Y2	SPRING 2 Outdoor Adventure Activities Pupils will learn about using maps and how to use them in orienteering.
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