



Yarrow Heights School Timetable

Time	Duration	Activity	Description
0815 - 0830	15 mins	Breakfast Club	Optional - Healthy cereals and toast.
0830 - 0850	20 mins	Mind and Body Boost Club (MABB)	Every pupil will join one of two MABB activities: either energizing activities in the gym/MUGA or the relaxation session in the Hub.
0850 - 0915	25 mins	Morning Registration & Read for Life - Tutor based.	Positive set up of the day, check pupils prepared, organised and followed by reading session for all pupils. Mondays –replaced with whole school attending assembly.
0915 - 1000	45 mins	Lesson 1	40 min lesson, allowing for 5 min transition if required
1000 - 1045	45 mins	Lesson 2	40 min lesson, allowing for 5 min transition if required
1045 - 1105	20 min	Morning Break	Comfort break, drink, and healthy snack available
1105 - 1150	45 mins	Lesson 3	40 min lesson, allowing for 5 min transition if required
1150 - 1235	45 min	Lesson 4	40 min lesson, allowing for 5 min transition if required
1235 -1315	40 min	Lunch Break	Lunch and organised physical activities
1315 - 1325	10 mins	Afternoon Registration Tutor based	Tutors take register and re-align pupils for the afternoon sessions; resolves any minor issues Friday: Celebration Assembly followed by afternoon Enrichment until 14.40.
1325 - 1410	45 mins	Lesson 5	40 min lesson, allowing for 5 min transition if required
1410 - 1455	45 mins	Lesson 6	40 min lesson, allowing for 5 min transition if required
1455 - 1535	40 mins	Enrichment	End of day enrichment activity.
1535 - 1545	10 mins	Reflection/Checkout Tutor Based	Tutor based end of day reflection - opportunity to discuss what went well, what could have been better, how we'll approach the next day; after this transition to MUGA to await taxis. Friday reflection 1440 - 1445

